

April 13, 2026

GRO and Glow Yoga Series at The Nora District



Event Category: [Palm Beach](#)

The Nora District welcomes the GRO & Glow Yoga Series, a six-week outdoor experience blending movement, music and community. With sessions held three times a week, the series invites all levels to flow in an open-air setting designed for connection and wellness. Kicking off Monday, April 13 at 6:15 pm through Saturday, May 23, GRO & Glow is an energizing way to build routine while soaking up the spring season.

When: Beginning Monday, April 13, through Saturday, May 23, every Monday and Wednesday at 6:15 pm and Saturdays at 10 am

Where: The Nora District | 845 N Railroad Ave, West Palm Beach, FL 33401