

June 16, 2026

Gro Yoga & Wellness Pops Up at The Nora District

The Nora District in West Palm Beach will host a summer studio pop-up by Gro Yoga & Wellness beginning June 17

By **Site Staff** - June 16, 2026



Photo courtesy of Gro Yoga & Wellness

The Nora District in West Palm Beach will host a summer pop-up by Boca Raton-based Gro Yoga & Wellness beginning June 17.

Through a series of yoga classes and mindfulness, Gro Yoga will activate a 2,400-square-foot space at 1065 North Railroad Ave, to create opportunities for the community to prioritize well-being while engaging with one of the city's most dynamic destinations.

Gro Yoga & Wellness offers a modern, mindful approach to yoga and personal growth. The studio serves as a bridge between traditional yoga practices and contemporary movement, honoring time-tested teachings while embracing new perspectives and evolving wellness modalities.

The pop-up will take place from June 17 through September, with multiple classes offered Monday through Sunday, with times ranging from 7 a.m. to 7:30 p.m.

For more information, visit norawpb.com and groyogawellness.com/schedule.