

September 1, 2026



Top Events in Palm Beach County This Month

2026 is in full swing, bringing a season of unmissable events to Palm Beach County. From wellness pop-ups and puppy yoga to sunset strolls and exclusive series, here's what to look forward to this month!

By [Sophia Lalaounis](#)

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Puppy Yoga Boca Raton

Every weekend this September, Puppy Yoga Club invites guests to flow, stretch, and cuddle during its weekly puppy yoga series featuring rotating breeds. The experience begins with a 30-minute all-levels yoga class surrounded by playful pups, followed by 30 minutes dedicated to snuggles, photos, and pure puppy joy. Each ticket includes a full one-hour puppy adventure that blends movement, relaxation, and unforgettable moments with furry friends. Perfect for animal lovers and yogis alike, it's the cutest way to recharge your weekend! Be sure to follow Puppy Yoga Club on [Instagram](#) for its weekly breed announcements, and click [here](#) for more information and to purchase tickets. *1935 NW Second Ave., Boca Raton*

The Royal Riviera at The Royal Poinciana Plaza

September marks the final stretch of The Royal Riviera, The Royal Poinciana Plaza's season-long celebration inspired by the relaxed rhythms of the Italian coast. Through the month, guests can enjoy recurring experiences ranging from Sant Ambroeus' aperitivo hours, live music and Mahjong & Martinis to first-run films at Glazer Hall, weekend brunches and family-friendly programming. Blending dining, entertainment and shopping, the series brings a leisurely European-inspired spirit to Palm Beach through the end of the season. For more information, click [here](#). *340 Royal Poinciana Way, Palm Beach*

Gro Yoga & Wellness' September Series

Gro Yoga & Wellness will close out its summer pop-up at The Nora District through September, bringing its modern, mindful approach to movement and wellness to West Palm Beach. Set within a 2,400-square-foot space on North Railroad Avenue, the Boca Raton-based studio offers multiple daily classes ranging from yoga to mindfulness practices, welcoming practitioners of all levels to move, reconnect and reset. For more information and to view the full schedule, click [here](#). *1065 N Railroad Ave., West Palm Beach*

Living With Ivey Pop-Up at The Colony Hotel

Throughout September and October, The Colony Hotel's iconic pink paradise will welcome a healthy dose of clean beauty and wellness with a seasonal residency from Living With Ivey, the beauty and lifestyle destination founded by wellness entrepreneur and content creator Ivey Leidy. Set on the hotel's mezzanine overlooking The Living Room, the boutique will feature Leidy's edit of glow-enhancing skincare, mineral sun protection, clean makeup and haircare, signature fragrances, resort essentials and her own IVEY body oils crafted with ethically sourced botanicals and plant actives. Open Tuesday through Saturday from 11 a.m. to 5 p.m., the residency offers a thoughtfully curated stop for Palm Beach days spent poolside, beachside and everywhere in between. For more information and to shop the latest collections, click [here](#). *The Living Room, 155 Hammon Ave, Palm Beach*

The Belgrove Resort & Spa's Labor Day Weekend Programming

The Belgrove in West Palm Beach is marking Labor Day Weekend with four days of poolside festivities from Sept. 4-7, offering live entertainment and outdoor fun for the whole family. Guests can look forward to poolside BBQs, DJs, frozen lemonade, and ice pops served on floating trays, plus lawn games ranging from inflatable bull riding and volleyball to golf croquet and cornhole. Three themed cabana packages offer elevated poolside escapes, while Labor Day cocktails, a six-variety sangria bar and a cocktail creation class add a spirited touch to the long weekend. For more information and to view all upcoming events, click [here](#). *2020 Banyan Resort Wy, West Palm Beach*

Sunset Stroll at Morikami Museum and Japanese Gardens

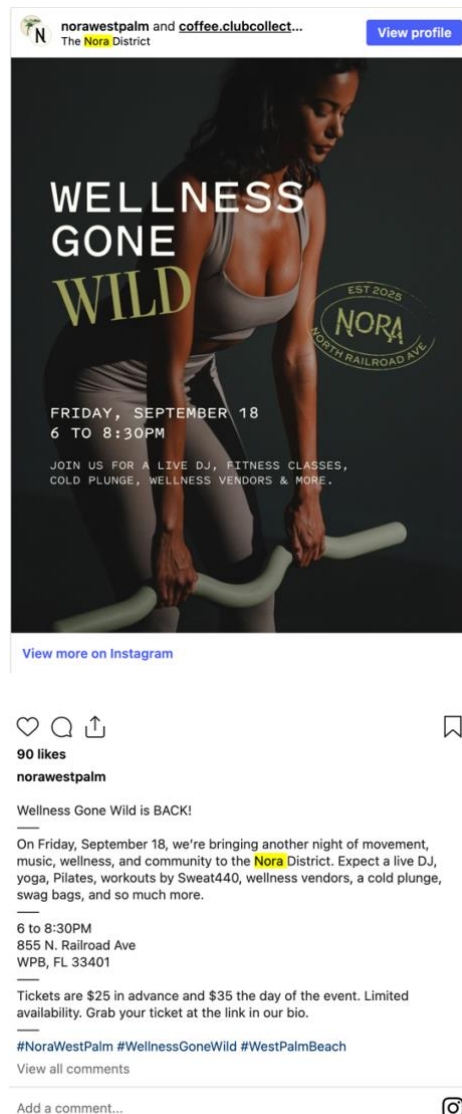
On Sept. 17, Morikami Museum and Japanese Gardens invites guests to experience Sunset Stroll, an evening celebrating Japanese culture, creativity and community from 5:30 to 8 p.m. The Delray Beach museum will come alive with a vibrant cosplay fashion show, high-energy taiko performances by Fushu Daiko and koto music by Emiko Koto, complemented by Asian-inspired bites and refreshments from local vendors. Set against the museum's tranquil gardens at sunset, the evening offers a lively way to

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experience Morikami after hours. Tickets are \$12 for general admission and \$5 for members, with children 17 and under free for members. For more information and to purchase tickets, click [here](#). 4000 Morikami Park Rd., Delray Beach.

CityPlace West Palm Beach's Community Block Party

Downtown West Palm Beach comes together on Sept. 17 for CityPlace West Palm Beach's inaugural Community Block Party, an evening celebrating the district's vibrant mix of local businesses, retailers and community organizations. From 4 to 8 p.m., Rosemary Avenue will come alive with live performances, culinary tastings, shopping experiences, family-friendly activities and special activations, including an Anthropologie pop-up with LOGAN TAY, personalized denim styling at Evereve, a Rivian vehicle showcase, treats from The Salty Donut and BuddhaBerry, specialty cocktails from Moxies and more. The celebration will also give back to Alexander W. Dreyfoos School of the Arts, with participating businesses donating 10% of event-day proceeds toward student programs, classroom resources and arts initiatives. For more information and to RSVP, click [here](#). 477 Rosemary Ave., West Palm Beach



Wellness Gone Wild at The Nora District

The Nora District is bringing movement, recovery and community to the Paseo area on Sept. 18 with Wellness Gone Wild, a feel-good evening presented in collaboration with ERA Club and Coffee Club Collective. Guests can flow through yoga and Pilates classes, mobility sessions, cold plunges, sauna, massages and wellness activations, with SWEAT440 and Jetset Pilates leading workouts alongside lifestyle vendors, swag bags and a live DJ. From sweat to recovery, the evening offers a playful take on wellness, Nora-style. For more information and to purchase tickets, click [here](#). *845 N Railroad Ave., West Palm Beach*

Swim Week of the Palm Beaches at Amrit Ocean Resort & Residences

From Sept. 25–27, Amrit Ocean Resort & Residences will host Swim Week of the Palm Beaches 2026 on Singer Island, bringing fashion, beauty and wellness together for a three-day celebration. The weekend will feature designer runway shows, VIP events, fitness and wellness programming, networking opportunities, a beach pickleball tournament and an official afterparty, with headline moments including Capristan on opening night and Berry Beachy at Saturday's fashion showcase. Between events, guests can retreat to Amrit's 103,000-square-foot Wellness & Spa, Aayush Hydrothermal Circuit and restorative fitness and recovery offerings, creating a fashion weekend with a distinctly wellness-minded twist. For more information and to view the full schedule, click [here](#). *3100 N Ocean Dr., Riviera Beach*

H.O.W. Strong 5K Run/Walk at Dreher Park

On Saturday, Sept. 26, Hearing the Ovarian Cancer Whisper, Inc. will host its inaugural H.O.W. Strong 5K Run/Walk at Dreher Park in West Palm Beach, bringing together runners, walkers, survivors and the local community for a morning centered on awareness, action and support. Proceeds will benefit H.O.W.'s Glenda M. Wright Angel Fund, which provides direct financial assistance to women undergoing ovarian cancer treatment who are facing financial hardship, helping cover essential living expenses so they can focus on their health and families. Beyond the race, participants can explore a Vendor Tent Village, connect with local health and wellness organizations and enjoy a community-focused morning in support of an important cause. For more information and to register, click [here](#). *Dreher Park, West Palm Beach*

Sapphire After Hours at The Spa at PGA National Resort

September brings a serene turn to The Spa at PGA National Resort's Gems After Hours series with Sapphire After Hours on Sept. 26. Inspired by the calming qualities of the sapphire, the evening will feature Phytomer marine skincare, Pure Fiji body rituals, ocean-inspired treatments, a sunset sound bath and a sapphire-inspired cocktail, creating an immersive night centered on tranquility and restoration. For more information, click [here](#). *400 Avenue of the Champions, Palm Beach Gardens*

GLAZER Hall Presents PBS Documentary *Jonnie*

On Sept. 30 at 7 p.m., the Palm Beach Chamber of Commerce and GLAZER Hall will present the premiere of *Jonnie*, an upcoming PBS documentary chronicling professional bull rider Jonnie Jonckowski's trailblazing journey through injury, adversity and the world of professional rodeo. The 82-minute

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screening will be followed by a live Q&A with Jonckowski, with an exclusive post-screening reception and meet-and-greet available with the \$90 ticket option. For more information and to purchase tickets, click [here](#). 70 Royal Poinciana Way, Ste. #P70, Palm Beach