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Courtesy of The Brazilian Court Hotel, Nobu, and The Belgrove Resort & Spa

ELLE Escapes: Palm Beach

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There's just something about Palm Beach. Maybe it's the namesake trees, the prime people-watching, or the air of exclusivity that comes with its private beaches and members-only clubs. Whatever the draw, this laid-back island feels more desirable than ever, even if a presidential visit to Mar-a-Lago means contending with a little extra gridlock. Roll down the windows, leave reality behind, and settle into one of Florida's most rarefied corners for a weekend of luxury, indulgence, and enviable living. Ahead, I've rounded up where the well-heeled snowbirds eat, drink, and shop on their next trip down south.

What to See

Royal Poinciana Plaza

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Courtesy of Royal Ponciana Plaza

With shops like Zimmermann, Hermès, and Veronica Beard, a tempting lineup of restaurants, and even a gelato stand at Sant Ambreous, the John Volk-designed Royal Poinciana Plaza is more than enough to fill an afternoon, and you'll be happy to let it.

Palm Beach Par 3 Golf Course



Courtesy Palm Beach Par 3 Golf Course

Golf and Palm Beach go hand in hand. If you're a novice like me, this scenic par-3 course overlooking the water is the ideal place to work on your swing—or relive those regrettable bogeys long after you've left the green.

Eau Spa



Eau Resort & Spa

Step into the spa at **Eau Resort & Spa**, and it's immediately clear why it earned a place in the hotel's name. From the impeccable service and indulgent treatments to the top-tier facilities, the sprawling 42,000-square-foot space is the ultimate place for a little (or a lot of) pampering.

Where to Eat

Nobu

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Henry Hargreaves

Does it get any better than Nobu? From its signature miso black cod and rock shrimp tempura to the yellowtail jalapeño and specialty rolls, every dish is a standout. Add impeccable presentation to the mix, and this Japanese-Peruvian favorite never disappoints. Its new location at the Eau is no exception.

Café Boulud



Brownwyn Knight

Set on the picturesque terrace of **The Brazilian Court Hotel**, this much-talked-about Daniel Boulud-helmed restaurant lives up to the hype. You really can't go wrong with anything on the menu, but the White Cosmo (a mix of vodka, elderflower, and white cranberry, finished with an orchid ice cube) is begging to be Instagrammed.

Del Mar



Courtesy of Cameron Mitchell Restaurants

For the uninitiated, the Nora (North of the Railroad) District in West Palm Beach is quickly becoming the city's next big thing, and **Del Mar** is helping lead the charge. Steps away from the newly opened **Nora Hotel**, its Mediterranean-inspired menu and sprawling 12,000-square-foot space, complete with a 100-seat courtyard, feel both inviting and refined. Don't miss the Open Fire Roasted Shellfish Tower, made for sharing (though I won't judge if you keep it all to yourself).

Where to Drink

Swifty's

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Carmel Brantley

Open for breakfast, lunch, or dinner, **Swifty's**, the poolside restaurant at **The Colony Hotel**, proves that casual dining can still deliver. Stick around for the live music, particularly the acoustic guitarists who stick to the hits (no requests necessary). And before you call it a day, make a pit-stop at the pool-deck newsstand to pick up the latest issue of ELLE.

HMF

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Courtesy of The Breakers Palm Beach

HMF, the restaurant and lounge at The Breakers, is a great spot for a pre-dinner drink before wandering the resort's storied halls. And its wine credentials are nothing short of legendary: It's earned a Grand Award from *Wine Spectator* every year since the awards program began in 1981.

Palm House

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Courtesy of Palm House

Just a block from the ocean, this picturesque, pink-hued property packs plenty into its 79 rooms, including a sunset-facing pool deck, a gym, a ballroom, and, of course, a stunning bar

Where to Stay

The Belgrove Resort & Spa



Courtesy of The Belgrove, Autograph Collection

Tucked away on Lake Mangonia in West Palm Beach, the **Belgrove Resort & Spa** has all the makings of a perfect getaway. Think an 18-hole golf course, four tennis courts, two pickleball courts, two padel courts, private balconies in every guest room, a gym, a spa, three pools, and two hot tubs. Whether you're after an action-packed escape or some serious R&R, you'll find it here. And when you're ready to venture out, a complimentary shuttle will take you anywhere within a five-mile radius.

The Brazilian Court Hotel



Courtesy of The Brazilian Court Hotel

Sizable suites? Check. A private, shaded pool and **on-site hair salon**? Check. Custom Linus bikes to borrow and complimentary yacht rides? Absolutely. The Brazilian Court Hotel feels like a true home base in the heart of town, just a quick ride from the Palm Beach Lake Trail. As owner **Courtney Schlesinger** puts it: “The hotel was built to feel like a private estate, so when you’re here, you feel like you have your own place in Palm Beach. That’s what I love the most: waking up in the morning, sitting on the terrace with a coffee, and imagining Daniel Boulud is my own private chef.”

Eau Resort & Spa



Courtesy of Eau Resort & Spa

A little off the beaten path and about a 20-minute drive from Palm Beach, Eau Resort & Spa more than makes up for its location with direct beach access, guest rooms designed by Jonathan Adler, two pools, a world-class spa, and a full-service beauty salon offering manicures, pedicures, and blowouts. Add six restaurants (including Nobu) and kid-friendly perks like childcare and an arcade, and you have everything you need for a getaway without ever leaving the property. So why would you?